

Middleton Harriers & AC

Health & Safety Policy



Part 1: Statement of intent

- prevent accidents and injury
- manage health and safety risks at events and activities
- provide clear instructions and information and adequate training to ensure Middleton Harriers leaders, coaches and event organisers are competent to do their work
- provide such equipment as may be required
- consult with members on matter affecting their health and safety
- maintain safe equipment
- implement emergency procedures
- review and revise this policy regularly

Signed:

Date

Print name: Craig Sutherland

Date

Part 2: Responsibilities for health and safety

Overall & final responsibility for health and safety lies with the Committee

Day to day responsibility will lie with Lead Coach of an activity, or the event organiser

Part 3: Arrangements for health and safety

To ensure H&S standards are maintained/improved the following people have responsibility in the following areas:

Session Coach/Event Organiser: safety, risk assessments, identifying where signage is required, consulting membership, arranging 1st aid and equipment where appropriate and reporting accident or near misses to the Committee.

All members and guests should:

- co-operate with coaches and event organisers on health and safety matters;
- take reasonable care of their own health and safety;

- and report all health and safety concerns to an appropriate person (as detailed above).

Part 4: Responsibilities for health and safety

Risk Assessments

- We complete relevant risk assessments and take action
- We will review risk assessments when operating habits or conditions change

Training

- We will give appropriate training is given where required for equipment

Consultation

- We will consult with the membership on health and safety matters as they arise and formally when we review health and safety

Evacuation

- we will make sure escape routes are well signed and kept clear at all times
- Evacuation plans are tested from time to time and update if necessary